



Volume-2 | Edition-42 | 5th May 2017



# WELLNESS BAR: A CHEERS OF GOOD HEALTH



Madhubhan's Wellness Bar caters to guests with demands of healthy options of food and beverages especially for those under strict diets and Naturopathy health seekers. It is located within Rejou - The Healing Naturopathy Spa and serves a custom curated menu for all healthy, natural, raw and cooked nutrient food and drinks.

The human body metabolises what you put into it. If, what is put in is good, then good health is attained. As the raw foods are the best source of nutrients - full of their natural enzymes, vitamins, minerals and vital force. These little dynamos allow you to add a wide variety of nutrient-dense ingredients to your diet while keeping it fun and flavourful.

large quantities of the green pigment known as the Chlorophyll, identical in molecular structure to haemoglobin. Providing the body with Chlorophyll assist in the production of healthy red blood cells and also helps in the regeneration of poor blood cells.

Wellness Bar serves all the mocktails and juices freshly brewed that nourishes your body and skin and makes you feel healthier from inside.

So, if you are looking for fresh vitality through your juices or a believer that "We are what we eat and drink", your Powerhouse is here, only at your favourite resort.

**W**hether you are a guest seeking Naturopathy services, a fitness-savvy or someone looking for a tasty all-natural blended drink, Wellness Bar is just for you.

Also, green juices contain

**Taruna Patel | CEO  
Madhubhan Resort & Spa**

# CELEBRITY CORNER

## Famous Gujarati Actor Rajdeep Barot



Famous Gujarati Music Album Singer, Writer and Actor (Center) Mr. Rajdeep Barot being welcomed by Mr. Sudip Kumar Maity-General Manager (Left) and Mr. Ashwani Shekhar-Head Sales & Marketing (Right)

# SCHOTT GLASS INDIA YOGA SESSION



SCHOTT Glass Management Team from Germany along with Jambusar Plant Team, headed by Mr. Georg Sparschuh, President, SCHOTT Glass India had a memorable yoga session in their day long activity at Madhubhan.



# Chai Pakoda ની Laari

Daily: 4:00 pm to 6:30 pm

**Gamthi Hi-Tea**  
Every Saturday  
4:00 pm To 6:30 pm

- ✦ Handvo
- ✦ Patra
- ✦ Sukhadi
- ✦ Papdino Lot

**Combo @ ₹300/-\***  
Teas extra

\*Pakoda @ ₹150/-  
Chai @ ₹100/-

Applicable Taxes + 10% Service Charge Per Person



\*T&C Apply

# Madhubhan Activity Calendar

**TENNIS COACHING**

8:15 am to 9:15 am  
Tennis Academy  
Jigar Jetly



**YOGA**

9:30 am to 10:00 am  
Yoga Pond  
Sunil Patel

**FUN CORNER**

11:00 am to 12:00 pm  
The Daffodil  
Khushbu Patel



For charges & details: +91 97277 19544

## A day trip to world heritage site Champaner

Champaner is a historical city in the state of Gujarat. It is located in Panchmahal district, 47 kilometres from the city of Vadodara. The city was briefly the capital of Gujarat. It was founded by Vanraj Chavda, the most prominent king of the Chavda Kingdom, in the 8th century. He named it after the name of his friend and General Champa, also known later as Champaraj. Champaner is today the site of the Champaner - Pavagadh Archaeological

Park, which UNESCO designated a World Heritage Site in 2004. Sultan Bhegada also built a magnificent Jama Masjid in Champaner, which ranks amongst the finest architectural edifices in Gujarat. It is an imposing structure on a high plinth, with a central dome, two minarets 30 meters in height, 172 pillars, seven mihrabs, and carved entrance gates with fine stone jalis.

**Poripya Re**  
THE KIDS' CLUB  
6-14 Years

TIME | VENUE | COORDINATOR

FRIDAY

05-05-2017

SATURDAY

06-05-2017

SUNDAY

07-05-2017

6:15 am to 7:00 am | Yoga Deck  
SUNIL PATEL & RAJESH JADHAV



**Yoga Daily**



7:30 am to 8:30 am | Tennis Court  
JIGAR JETLY - HEAD COACH

**Tennis Coaching for Beginners & Intermediates (Daily)**

7:30 am to 8:30 am | Yoga Deck  
RAJESH JADHAV



**Pilates Daily**



11:30 am | Reception  
KHUSHBU PATEL

**Amul Diary Visit**  
(3:00 pm to 4:00 pm)

**Visit to Vadtal**  
Swaminarayan Temple

**Camel Cart Ride**

12:00 pm to 1:00 pm | Kouzina  
CHEF SANDEEP

**Make, Bake & Eat**  
your own Calzones

3:00 pm to 4:00 pm | Kouzina Bakery  
CHEF VINOD

**Decorating Cup Cakes**

4:00 pm to 5:00 pm | The Daffodil  
KHUSHBU PATEL

**Bingo**

**Bollywood Dancing**

**Pottery Class**

5:30 pm to 6:30 pm | Infinity Pool  
KHUSHBU PATEL

**Group Swimming Coaching for Beginners (Daily)**

6:00 pm to 7:00 pm | The Daffodil  
KHUSHBU PATEL



**Karaoke Daily**



\*CONDITIONS: (1) Pilates Workout, Tennis, Yoga, Karaoke, Bingo at other times on chargeable basis (2) For Bingo: ₹100/- Cover Charge per person | Minimum 15 people required (3) Bollywood Dance & Zumba Classes: ₹100/- Cover Charge per person for each activity (4) Pottery Classes: ₹100/- Cover Charge per person (5) Camel Cart Ride: ₹150/- Cover Charge per person (6) Baking Lessons (Pizza & Bakery): Valid for age group of 12 and above | ₹150/- cover charge per person for each activity | Valid for a Batch of maximum 10 people (7) Tours: Minimum 5 People required | Valid on first come first serve basis | For tour charges contact Khushbu Patel +91 97277 19544

**For Registration & Activities coordination: Khushbu Patel +91 97277 19544**

- ▶ Being on time is a must for all activities
- ▶ Book for all activities at the Activity Centre between 12:30 pm to 2:30 pm
- ▶ Registrations are on first come first serve basis only
- ▶ Activities & venues are subject to change and cancellation

# Sunday Brunch

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The First Authentic Italian & Mediterranean Brunch In Gujarat

11:30am to 3:00pm  
Every Sunday

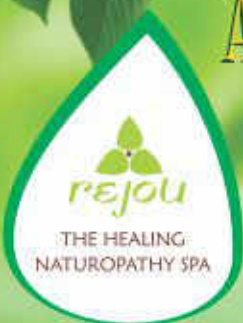
Only  
₹999/-  
Per Person  
(Taxes & Service Charge extra)



\*T&C Apply

For Reservations : ☎ +91-97277 86937

Awaken your inner healing



Naturopathy

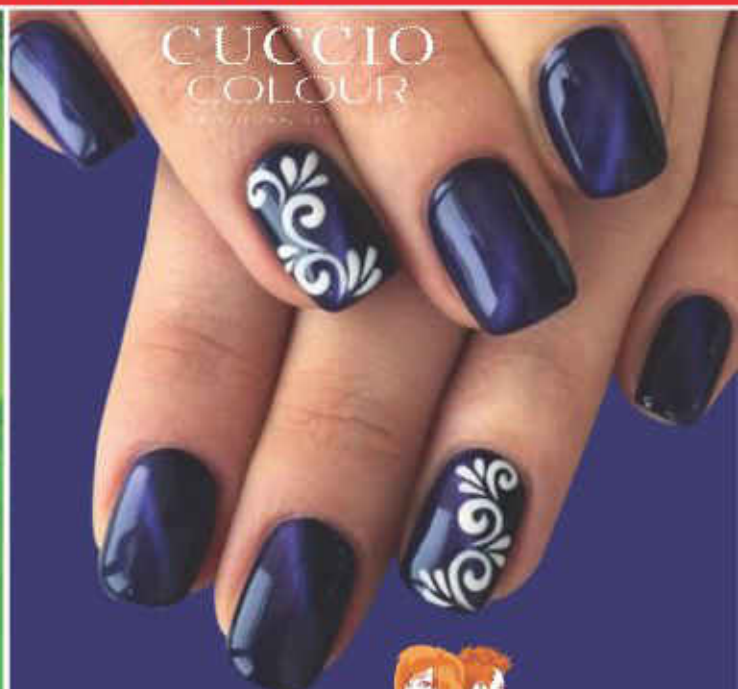
Mud Bath  
(60 minutes)

Takra Shirodhara  
(45 minutes)

was ~~₹5,060/-~~ | Now ₹4,500/-

For Appointment:  
+91- 99099 58732

\*Prior appointment is required,  
appointment is subject to availability  
Valid till 31st May 2017 | \*T&C Apply



CUCCIO  
COLOUR

GEL NAILS @



For Appointment: ☎ +91-99099 58732

Zest of life

The Wine Shop

Timings: 12:00 pm To 8:00 pm  
CLOSED ON SUNDAYS & GOVT. HOLIDAYS



Madhubhan Resort  
Luxury Residences in Madhubhan & Spa

\* Conditions Apply