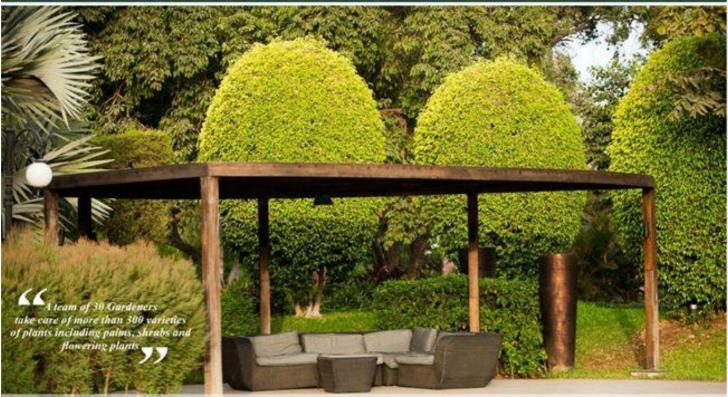




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THE IN-HOUSE NEWSLETTER AND ADVERTORIAL OF MADHUBHAN RESORT & SPA | Concept Design & Editorial by Taruna Patel





A visitor's experience of a Hotel begins with its landscape. Whether it is manicured lawns or pathways, these spaces benefit from the same attention to detail as a suite or a gallery. However, centralized landscapes require painstaking care.

Madhubhan Resort & Spa believes that the eco-friendly landscape is the

way. Our landscaping with water bodies around beautiful outdoor provide pleasant views that enhance seating areas, outdoor garden recreation amenities, including pools, landscaped gardens, lawns and colorful plants are not only eye pleasant but also harboring lots of natural living beings like birds and

need of the time and it will go a long animals. Our pools add gorgeous water features to landscaping and ambience of resort. The hospitality landscape is evolving at a fast pace as hotels face increasing demand to became more social and engaging in their marketing efforts. Travelers now look for the places where they are

very close to nature thus our efforts are always towards creating the atmosphere which is the soul of nature.

> Samir Patel **Executive Horticulturist** Madhubhan Resort & Spa





The knee joint is called Janu Shandhi in Sanskrit; hence the name Janu Basti is given to the procedure done on knee joints. In this the knee joint is bathed with warm medicated oil or freshly prepared herbal decoction. Depending on the condition it can be practiced over both the knee joints or on one knee joint. Removes stiffness and pain in Knee joint. Protects knee joints from age related changes. Increases blood circulation; thus strengthens and nourishes the knee joints. Improves the mobility of the knee joints (knee flexion and knee extension)











Chocolate Chip Cookies (Chef Belsina) METHOD:-

Ingredients nilla Extract

- (1) Heat oven to 375°F. (2) Mix sugar, butter and vanilla extract in large bowl. Stir in floor, baking soda and salt (dough will be stiff). Stir in nuts and chocolate chips.
- (3) Drop dough by rounded tablespoonfuls about 2 inches apart onto ungreased cookie
- (4) Bake 8 to 10 minutes or until light brown (centers will be soft). Cool slightly, remove from cookie sheet. Cool on wire



THE FIRST AUTHENTIC ITALIAN & MEDITERRANEAN BRUNCH IN GUJARAT





Call for Bookings : +91 97277 86937



₹850/-* Per Person

MADHUBHAN WEEKEND ACTIVITIES

Time / Venue / Name

FRIDAY

SATURDAY

SUNDAY 13-03-2016

*7:00 am To 8:15 am YOGA DECK

Sunil Patel & Rajesh Jadhav



Pilates (Daily)

Tennis Coaching for Beginners & Intermediates (Daily)

Yoga (Daily)

Vallabh Vidhyanagar &

Sardar Patel Memorial

*Baking and Making

Banana Walnut Bread

Team Tournament

(Please Enroll for Team





VADTAL

Team Games

Seven Stones, Kabaddi Tug of War

Swaminarayan Mandir



7:30 am To 8:30 am **TENNIS COURT** Jigar Jetly -Head Coach

*8:30 am To 9:15 am

YOGA DECK Sunit Patel & Rajesh Jadhav

11:30 am RECEPTION Khushbu Patel

12:00 pm To 1:00 pm KOUZINA AT WOODFIRE OVEN Chef Sandeep

3:00 pm To 4:00 pm **KOUZINA BAKERY** Chef Vinod

4:00 pm To 5:30 pm **ELECON TENNIS ACADEMY** Sunil Patel & Rajesh Jadhav

5:00 pm To 6:00 pm TAPAS BAR Khushbu Pate

6:00 pm To 7:00 pm THE DAFFODILES - ACTIVITIES CENTRE



Khushbu Patel



Amul







Special Tour to AMUL DAIRY

Make, Bake & Eat

at 3:00 pm

your Pizza

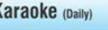
Volleyball Team

Tournament



Cricket









- 1. Pilates Workout, Tennis, Yoga, Karaoke, Bingo at other times on chargeable basis
- 2. For Bingo: ₹100/- Cover Charge per person Minimum 15 people required
- 3. Baking Lessons (Pizza & Bakery): # Valid for age group of 12 and above
- ₹100/- cover charge per person for each activity Valid for a Batch of maximum 10 people
- 4. Tours: Minimum 5 People required Valid on first come first serve basis
- For Tour Charges contact Khushbu Patel

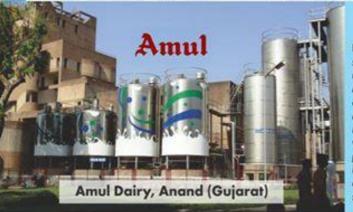


Tennis Coaching	Yoga	Fun Corner
8:15 a.m. to 9:15 a.m.	9:30 am to 10:00 am	11:00 am to 12:00 pm
Tennis Academy	Yoga Pond	The Daffodiles
Jigar Jetly	Sunil Patel & Rajesh Jadhav	Khushbu Patel

Activities Coordinator: Taruna Patel/Ashumi Doshi

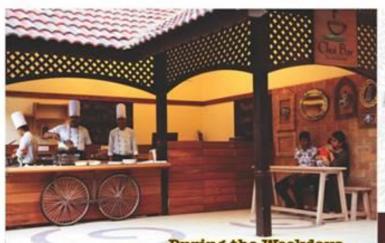
For Registration & Activities coordination: Khushbu Patel +91 97277 19544

► Being on time is a must for all activities ► Book for all activities at the registration desk at reception between 12:30 pm to 2:30 pm ► Registrations are on first come first serve basis only ► Venue subject to change



On Friday... A visit to AMUL

Introduction: Amul is an Indian dairy cooperative, based at Anand in the state of Gujarat, India. The word Amul is derived from the Sanskrit word meaning rare, valuable. The Co-operative was initially referred to as Anand Milk Federation Union Limited hence the name AMUL. Formed in 1946, it is a brand managed by a cooperative body, the Gujarat Co-operative Milk Marketing Federation Ltd. (GCMMF), which today is jointly owned by 3.6 million milk producers in Gujarat. Amul spurred India's White Revolution, which made the country the world's largest producer of milk and milk products. In the process Amul became the largest food brand in India and has ventured into markets overseas. Dr. Verghese Kurien, founder-chairman of the GCMMF for more than 30 years (1973-2006), is credited with the success of Amul.



Chai Pakoda off Laari 4:00 pm To 6:30 pm

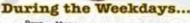
During the weekends...

Come & Relish East African Specialities

Fried Mogo

Madhubhan Sp. Pakoda Patatas

Pakoda ₹150/-



Monday - Kasturi Onion Bhajiya with Green Chutney

Tuesday - Methi Gata with Dahi Ki Kadi and Fried Chilli

Wednesday - Dail Vada with Fried Chilli and Onions

Thursday - Mixed Veg. Bhajiya with Phudhina Chutney Friday - Paneer & Cheese Pakeda with Phudhina Chutney

inday and - Fried Mogo Madhubhan Sp. Pakoda Patatas Corn Pakoda

Sunday with Tomato Salsa/Green Chutney/Tamarind Chutney





"A Gift For You" Special Offer

Purchase 3 x One Night Certificate Package for only ₹12000/- , Purchase before 31-03-2016 Valid upto 30-09-2016



Anand-Sojitra Road, Vallabh Vidyanagar - 388 120, Gujarat, India T: +91 (2692) 239268-76 | F: +91 (2692) 239279

Contact for more details: @ 9727783415 / 9727773093

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For more details call: @ 099099 58732

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The Wine Shop

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Drink Responsibly

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