



If you're visiting the new prime minister's home state, head to the tranquillity of **Madhubhan Resort and Spa**, in Anand, Gujarat (madhubhanresortandspa.com) and experience the healing naturopathy treatment at their spa, Rejou. Reach a deep meditative state of consciousness with ancient techniques to ease hypertension, breathing problems, migraine and other lifestyle disorders. Before the therapy, an in-house doctor customises your treatment on the basis of your lifestyle and eating habits. A set of personalised massages combined with regular exercise and specialised diet gives you a complete and rejuvenating experience.

NATURALS

Happy Feet



Give your feet a soft and supple treat this summer with the new Happy Foot Care range of handmade scrubs from Vert (vertthpc.com). The Café Walnut scrub is a blend of coffee and walnut powder that acts as an antioxidant and exfoliates dead cells, while its lemon and soya oil extracts gently moisturise and brighten your skin. You could also choose the Grapefruit Neem scrub with Neem leaf powder, walnut powder, sea salt, and lemongrass—walnut and sea-salt will improve blood circulation while Neem is a natural antiseptic. (Rs 450 each for 50grams)

BRANDING

CLASSIC FRENCH

When Humphrey Bogart wanted a travel bag that is elegant and lightweight, he commissioned the French luxury brand, S.T. Dupont (st-dupont.com) to custom-make one for him. And so was born the Bogie Bag in 1947. Taking inspiration from this classic bag, S.T Dupont has introduced the **Night Symphony Collection** (price on request; available at Jot Impex), a vintage-looking travel bag crafted out of deep black oilskin and tone-on-tone leather that is contrasted beautifully with a white band, and set off with a palladium finish. Accompanying this impeccably crafted bag is the Ligne 2 lighter and the Elysée pens—each of which are finished in black and ivory Dupont lacquer, along with the actor's silhouette engraved on a shield.



BAKED

SWEET TREATS

For a guilt-free indulgence into something sweet, turn to **The Protein Bake Shop** (theproteinbakeshop.com) that has recently opened in Mumbai. Boasting a menu that is free of gluten, lactose, and sugar, Dubai-based owner and nutritionist Rashi Chowdhary promises a range of healthy almond cookies, peanut bites, chocolate stacks, and mousse (starting at Rs 300). Going organic wherever possible, a balanced carbohydrate-to-protein ratio is maintained, essentially shunning wheat and dairy products, and avoiding use of artificial sweeteners for taste. Instead, she uses honey and dates to add depth of flavour and sweetness.



THIS JUSTIN Sheraton Bali Kuta Resort (sheratonbalikuta.com) is back with the second leg of **White Magic Sunsets**, *nu-disco pool parties*. Resident DJ **Adrian Giordano** along with international guest DJ's **Daniel Mitchell** and **Jonny Nash** from UK, and **Kaos** from Germany, among many, will play funk influences from the 70's and 80's—from Balearic to nu-disco sounds for fun-filled Sunday nights through October.