



NATURE'S TRUE BLISS

Nature equipped all the living organisms with abundant systems and resources needed for life to thrive.

It also designed intelligent mechanisms inside our complex bodies to flourish and age naturally, regulate all parts to prevent malfunctions and fight ailments.

Ancient scholars studied Ayurveda meaning, "Science of longevity". At Madhubhan Resort and Spa, we strongly believe in the ancient core values of Naturopathy and its life-altering benefits. Naturopathy is an ancient science of longevity, is curative, preventive and educative and thus helping the body to heal naturally with the help of the five elements also known as the 'Panch Mahabhutas'.

In today's day and age when busy schedules and time constraints tire us out, the goals of fitness and wellness get pushed away. However, adapting to the healing and rejuvenating values of Naturopathy, one instantly experiences improved vitality. Fresh energy gushes

throughout the body as the morbid toxins accumulated for years start to flush out.

Resulting in improved bodily functions, elevated vital organs performance, Naturopathy strengthens immunity and slows the ageing process. In the past few decades, naturopathy centres have started to spread around the world and have surfaced as an efficient way of life for a sound and healthy living for all.

Rejou - The Healing Naturopathy Spa is a piece of tranquillity nestled amidst best of nature. The Spa offers bliss for your soul, allowing the stress and other ailments to drift-away; naturally. It's a joyous retreat for your body, mind and soul. Our in-house trained, experienced, and an ace doctor in this field, will help you attain the perfect balance of mind and body.

Embracing Naturopathy at this award-winning day Spa assures you of sound health, mindful living and an everlasting glow of vitality.

Taruna Patel - CEO
Madhubhan Resort & Spa

INDULGE • RELAX • CURE



THE HEALING
NATUROPATHY SPA



CURRENT HAPPENINGS



The students of AIMS Hotel Management College, Anand were at Madhubhan Resort & Spa on the occasion of World Tourism Day 2019.



Prof. Ada Yonath, recipient of Nobel Prize in Chemistry in 2009 was at Madhubhan Resort & Spa, best known for her pioneering work on the structure and function of the ribosome. She became the first Israeli woman out of ten Israeli Nobel laureates, the first woman from the Middle East and the first woman in 45 years to win the Nobel Prize for Chemistry.

On the occasion of World Tourism Day, Madhubhan Resort and Spa conducted a sapling plantation drive for encouraging our staff and guests.



Madhubhan Activity Diary

Poriya Re THE KIDS' CLUB

6-14 Years



Tennis Coaching

7:30 to 8:30 am
Tennis Academy
Jigar Jetly



Fun Corner

11:00 to 12:00 pm
The Daffodil
Khushbu Patel



Swimming Coaching

5:30 pm to 6:30 pm
Infinity Pool
Sunil Patel

Time Venue Co-ordinator	Friday 04-10-2019	Saturday 05-10-2019	Sunday 06-10-2019
6:15 am to 7:00 am Yoga Deck Sunil Patel & Rajesh Jadhav		Yoga Daily	
7:30 am to 8:30 am Tennis Court Jigar Jetly - Chief Tennis Coach	Tennis Coaching for Beginners & Intermediates (Daily)		
7:30 am to 8:30 am Infinity Pool Sunil Patel	Water Polo		
7:30 am to 10:30 am MICE Lawns Rajesh Jadhav	Volleyball / Cricket / Basketball / Badminton		
11:00 am to 1:00 pm Dr. Sachin Patel	Free Naturopathy Consultation with Doctor* (available from Wednesday to Monday) *Prior appointment is requested and is subject to Doctor's availability. Contact: (+91) 97277 85410		
11:30 am Reception Khushbu Patel	Champaner Visit (World Heritage Site)	Amul Dairy Visit (3 pm to 4 pm)	Mani Laxmi Tirth Visit (Jain Temple)
12:00 pm to 1:00 pm Kouzina Chef Sandeep	Culinary Queen		
3:00 pm to 5:00 pm The Daffodil Khushbu Patel	Indoor Activities / Board Games		
5:00 pm to 6:00 pm The Daffodil Khushbu Patel	Pottery Class		
5:30 pm to 6:30 pm Infinity Pool Sunil Patel	Group Swimming Coaching for Beginners (Daily)		
6:00 pm to 7:00 pm The Daffodil Khushbu Patel	Karaoke Daily		

Leisure Activities on Request



Table Tennis



Air Hockey*



Mini Golf



Foot Massage*



Archery
Game*



Tom & Awis Live Band

Saturday & Sunday

7:30 pm to 10:00 at Kamlaya Pond



Rishabh Dev on Piano

Monday to Friday

7:30 pm to 10:00 pm in the Lobby

Terms & Conditions: (1) **Yoga, Tennis and Karaoke:** At other times on chargeable basis (2) **Pottery Class:** ₹ 100/- Cover Charge per person (3) **Culinary Queen:** Valid for age group of 12 and above | ₹ 150/- cover charge per person for each activity | Valid for a Batch of minimum 5 & maximum 10 persons (4) **Water Polo:** Valid for age group of 19 and above | Valid for a Batch of minimum 10 persons (5) ***Air Hockey:** ₹100/- per person, 10 min. (6) ***Archery Game:** ₹ 50/- per person for age group of 12 and above (7) ***Foot Massage:** ₹ 400/- per person, 15 min. (8) **Mini Golf:** No Charges, 10 am to 6 pm. Age 12 and above (9) **Table Tennis:** No Charges, 10 am to 6 pm. Age 12 and above (10) **Tours:** Minimum 5 persons required | Valid on first-come first-serve basis | **For tour charges contact: Khushbu Patel: +91 97277 19544.**

For registrations & activity co-ordination: Khushbu Patel +91 97277 19544

Being on time is a must for all activities | Booking for all activities can be done at the Activity Centre between 12:30 pm to 2:30 pm

Registrations are on first come first serve basis only | Activities & venues are subject to change and cancellation.

PROMOTIONS & SPECIAL OFFERS



Navratri Gala Buffet

1ST TO 7TH OCTOBER

@ Rs. 445 + Taxes
12.00 MIDNIGHT TO 3.30 AM

For Reservations, Please Call: 9727786937

HAPPY HOURS

Between 3.30pm and 6.30pm
Monday to Saturday
at

Kouzina
@ Madhubhan
Italian Mediterranean Bistro

Buy 1 Get 1

For Reservations: +91 97277 86937
*Not valid with any other promotions

*T & C apply

SCRATCH SURPRISE

SCRATCH WITH DELIGHT
FOR A HAPPY SURPRISE

Valid at:

For more details: +91 9099927826

Chai Pakoda Laari

Everyday
4:00 pm
to
6:30 pm

Pakoda @ ₹ 200/-* | Chai @ ₹ 150/-*

(Taxes as applicable) *T&C Apply